

RESIDENT AND HOUSE RULES POLICY

Residents will have access to the MYLU, LLC Rules at all times. The House Rules and Program Description help residents understand the expectations and benefits of the Residence.

RULES & REGULATIONS

1. You are required to attend at least Three (3) IN PERSON 12-Step meetings or Self-Help Meetings per week, obtain a program book, (Big Book, NA Basic Text, etc.), and have your meeting slip signed by a member of the meeting group, and not another resident, and attend on-premises "House Meetings" which are held once per week, 1-2 hours per meeting. Meeting Slips are available anytime from the House Manager.
2. House meeting attendance is mandatory, (which means you must arrange for employment that does not interfere with these meetings), there are no exceptions to this rule.
3. You must let the house manager know when leaving the premises. All overnight leave must be pre-approved by the house manager in advance, and any inconsistencies in leave times are grounds for discharge. New Residents must wait at least 7 days until this privilege is available.
4. If you Self-Pay, Program Fees must be kept up to date without exception. Please refer to the Funding/Self-Pay Policy.
5. You must obtain a Home Group and a Sponsor, or you must be in a weekly program with a recovery coach. (You must provide a contact name and phone number), within the first 30 days of residency, and this can and will be verified. Please refer to the 30/45 Day Policy
6. You must be working the 12 steps in writing or working on a recovery path program with a coach or sponsor.
7. During your residency, you are highly encouraged to obtain Employment. After 45 days, you are required to be employed, minimally part-time (employment status will be checked periodically). Please refer to the 30/45 Day Policy.
8. There are certain types of employment that are not allowed, and you must speak with the house manager prior to accepting employment anywhere. This includes cab driving, ride sharing, working in bars, clubs, or places that sell alcohol.
9. Your room must be kept neat, with your bed made at all times, rugs vacuumed, toilet cleaned, kitchen area clean, which means absolutely no glasses, dishes, forks, knives, spoons, etc. left in the sink at any time, and any trash disposed of in a timely manner.
10. You will be assigned daily and weekend chores (these are mandatory as part of your stay). MYLU, LLC House encourages Responsibility and Independence.
11. All vehicles will have current tags and insurance, and this must be verifiable. Also, there will be no storage of vehicles, and no working on vehicles on the premises.
12. Bikes or other modes of transportation must be stored in the appropriate locations, and security for these are at your own cost. Locks and assistance with this may be provided to help.

13. Any situation that requires police involvement must be discussed with the house manager before the police are called, (any police involvement without house manager approval will be grounds for discharge).
14. There are absolutely no visitors allowed on-premises without prior approval from the house manager.
15. There will be no congregating outside the front of the home, no loud music or discussions, or inappropriate dress allowed, and you are required to attend to daily hygiene needs. If Hygiene items are needed, please speak to the House Manager.
16. No one is allowed in another resident's room- period.
17. There is no sharing of clothes, personal property, loaning money, borrowing vehicles, including bikes by residents or House Managers.
18. You may be requested to submit to a U/A at any time, which may include either with cause or without. Also, another resident may request someone to be tested if a person's behavior warrants it.
19. Any resident who is aware of rule infractions and does not notify the house manager immediately will be subject to discharge, which includes finding out later that you knew about it.
20. All rooms are subject to inspections at any given time, and any room that does not pass inspection may cause all residents in that room to be discharged.
21. Smoking is not allowed in rooms or in the house. Smoking is only allowed in designated areas.
22. Any cooking done by residents requires immediate clean-up.
23. Any medical conditions and/or injuries must be brought to the attention of the house manager.
24. Any and all medications, including pain pills, psych. meds, aspirin, Advil, cold, flu, sinus, etc. must be locked up at all times. You must let the house manager know what medicines you are taking. Rx and Over the Counter medications that have an unreadable label will be disposed of. Also, failure to divulge any and all medications to the house manager will cause you to be discharged.